

## CAMP ROSENBAUM - CAMPER PACKING LIST

Mark all items with child's name – Camp Rosenbaum is not responsible for lost articles.

### ITEMS TO BRING TO CAMP...

- |  |   |   |
|--|---|---|
| <input type="checkbox"/> 2 pair long pants             | <input type="checkbox"/> 1 warm jacket or sweater     | <input type="checkbox"/> 1 pair athletic shoes  |
| <input type="checkbox"/> 2 pair shorts                 | <input type="checkbox"/> 1 pair warm pajamas          | <input type="checkbox"/> 1 pair sandals         |
| <input type="checkbox"/> 4 or more short sleeve shirts | <input type="checkbox"/> 1 swimsuit                   | <input type="checkbox"/> 2 bath towels          |
| <input type="checkbox"/> 2 sweatshirts                 | <input type="checkbox"/> Underwear & socks for 6 days | <input type="checkbox"/> Personal hygiene items |

### DO NOT BRING...

- |  |   |  |   |
|--|---|--|---|
| <input type="checkbox"/> Knives or any weapon      | <input type="checkbox"/> Pillow                                 | <input type="checkbox"/> <b>Food/Peanuts</b> | <input type="checkbox"/> Money              |
| <input type="checkbox"/> Cell phones/smart watches | <input type="checkbox"/> Sleeping bag                           |  | <input type="checkbox"/> Cigarettes/tobacco |
| <input type="checkbox"/> Video game players        | <input type="checkbox"/> Sports equipment                       |  | <input type="checkbox"/> Candy              |
| <input type="checkbox"/> iPod/MP3/CD players       | <input type="checkbox"/> Medicine (unless approved – see below) | <input type="checkbox"/> <b>Makeup</b>       |   |

### OPTIONAL...

- |                                 |                                    |  |
|---------------------------------|------------------------------------|--|
| <input type="checkbox"/> Lotion | <input type="checkbox"/> Chapstick | <input type="checkbox"/> Musical instruments |
|---------------------------------|------------------------------------|--|

### **\*\* MEDICATION \*\***

If your child is bringing medication to camp, it must be sent in the original prescription container with instructions for administering. Send enough to last the entire week at camp. Give all medication to the bus driver.

Camp Rosenbaum provides all bedding, so you do not need to send a sleeping bag or pillow. The Oregon Coast can be cool and rainy, so please pack layers and appropriate outerwear. Do not forget to pack enough socks and underwear along with daily hygiene items.

Be sure to include **all prescription and over-the-counter medications** your child will need during the week. These will be given to the bus driver upon arrival at the bus stop. Upon arrival, the driver will hand the medications off to the nurses.

There is no need to bring first aid items, such as band-aids, anti-itch spray, ointment, etc., as each group will have a medic who follows the group to all of their activities and will provide campers these items if needed.

Sunscreen and bug spray will also be provided so unless your camper has a specific type needed or an allergy, there is no need to pack any.

Lastly, if your child exhibits symptoms of **COVID or the flu**, please have them tested before boarding the bus. If your camper is unable to attend, please contact **Crystal Kroeller** immediately at **503-388-4140** or **crystal@camprosenbaum.org**, as we have a waitlist of eager campers.